

**Initial situation**  
The child doesn't normally participate in the process of cooking.

Cooking is not a topic of conversation between the parent and child.

The child doesn't normally participate in conversations at the table, or just answers factual questions.

**Desired situation**  
The child doesn't mind participating in cooking and is ready to help with some jobs.  
The child accepts cooking related conversations as one of the topics with parents.  
The child doesn't mind participating in conversations at the table and is ready to respond to challenging questions.

## Technology 6: Family activities 6.1 Cooking / eating

THINKING

## Technology 6: Family activities

**6.1.1. 'Construction' questions – what could we add / change about this or that dish.**

→ Now, look, we have some meat for dinner. It'd be nice to have a salad. Daddy / mummy likes salad. What do you think we can make a salad from? Let's look at what we've got in the fridge. Which of these do you think will go well together?

→ So we have tomatoes, cucumbers, pepper, onion and dill. Now we should wash and cut all of them, shouldn't we? Do you think it matters how we cut them? For example, how would you cut the cucumber if I asked you to help? Do you think it matters?

THINKING

## Technology 6: Family activities

**6.1.1. 'Construction' questions – what could we add / change about this or that dish.**

→ Good, now everything is cut. Do you think the salad is ready now? No, not really. We should also dress it and it will taste much better. What do you think we can add to the salad? Do you think it should be liquid (like water, oil or vinegar) or solid (like bread)? Can it be both?

THINKING

## Technology 6: Family activities

**6.1.1. 'Construction' questions – what could we add / change about this or that dish.**

→ Now let's dress the salad. Shall we take olive oil as a base? Now we can experiment. Look at all these ingredients. What do you think we should use? How do you think it will change the taste? Let's give it a try and see.

→ Let's pretend the main course and the dessert decided to change places! So how can we make chicken and potatoes look like a dessert? How can we make ice-cream/ apple pie/ ... look like the main course?

THINKING

## Technology 6: Family activities

**6.1.1. 'Construction' questions – what could we add / change about this or that dish.**

→ Imagine that you want to disguise hot tea as a cold beverage and juice as a warm one. How would you do that?

→ You know, your little sister/brother doesn't like (FOOD ITEM). But it's very important for her because it contains lots of vitamins. Do you think we could hide it in her / his food? Any idea how?

THINKING

## Technology 6: Family activities

**6.1.1. 'Construction' questions – what could we add / change about this or that dish.**

→ Look what we've got: (FOOD ITEM1), (FOOD ITEM2), etc. How many different dishes do you think we could make using these ingredients? Do you think we could make 5 different dishes? What about 10?

THINKING

## Technology 6: Family activities

**6.1.2. 'Ingredients' questions**

→ Do you like the soup? Can you guess what's inside? What do you think made it this colour? What ingredient do you think is making it spicy?

→ Now we have a problem. Taste this dessert – we should really make it sweeter but we have no sugar left. What could we use instead?

→ What do you think about the soup? I'd say that we need to make it saltier. Salt would do, but mummy/daddy believes it's not good for our health. What ingredient do you think would make it taste saltier without using salt? How?

THINKING

## Technology 6: Family activities

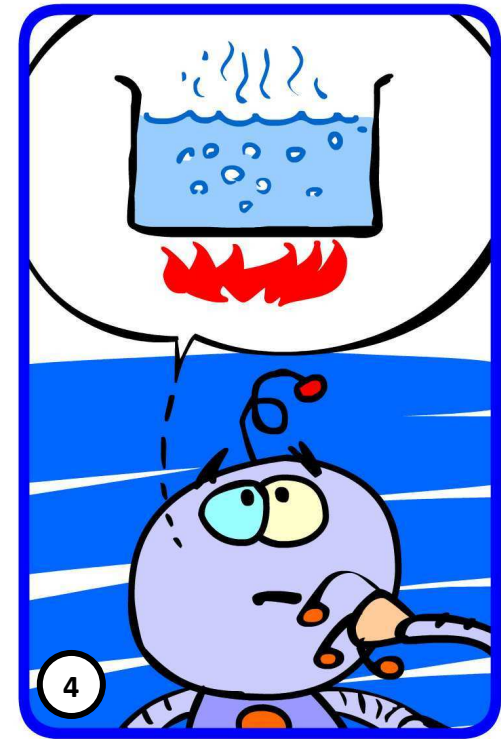
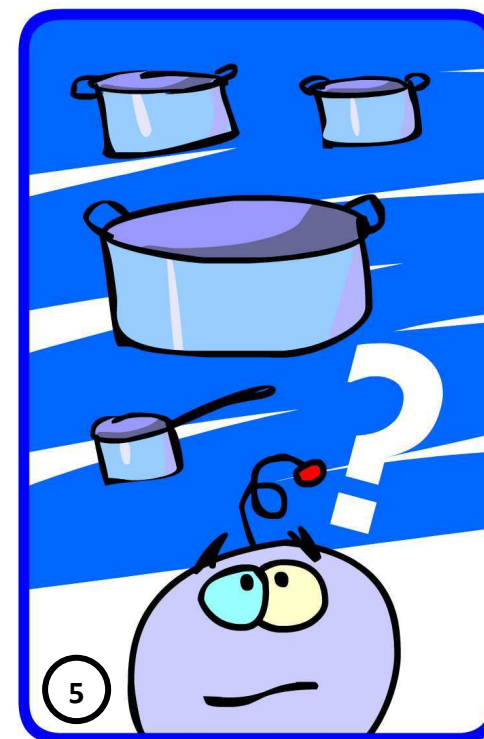
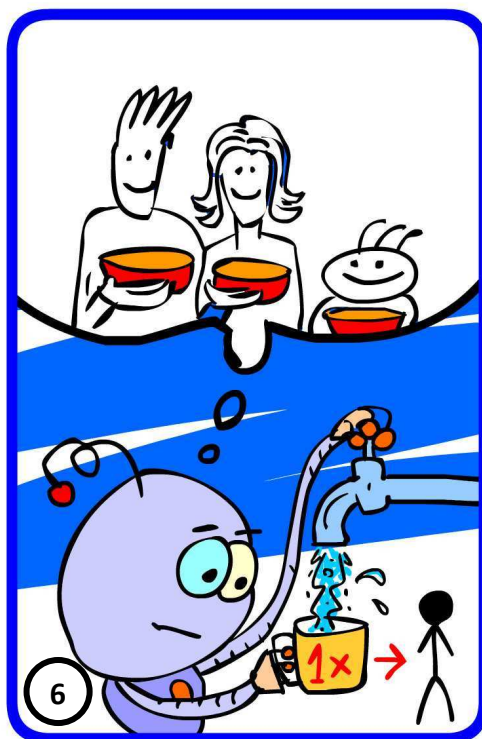
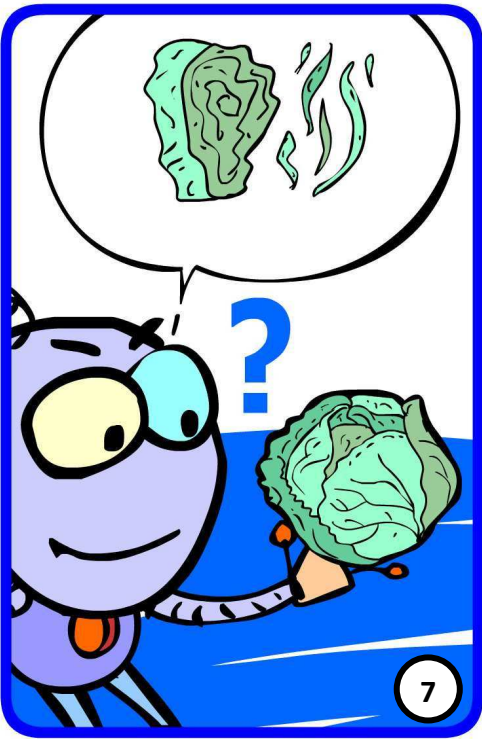
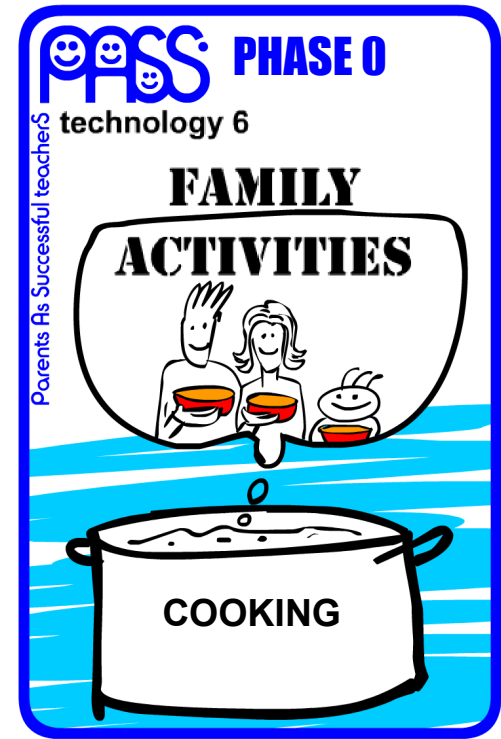
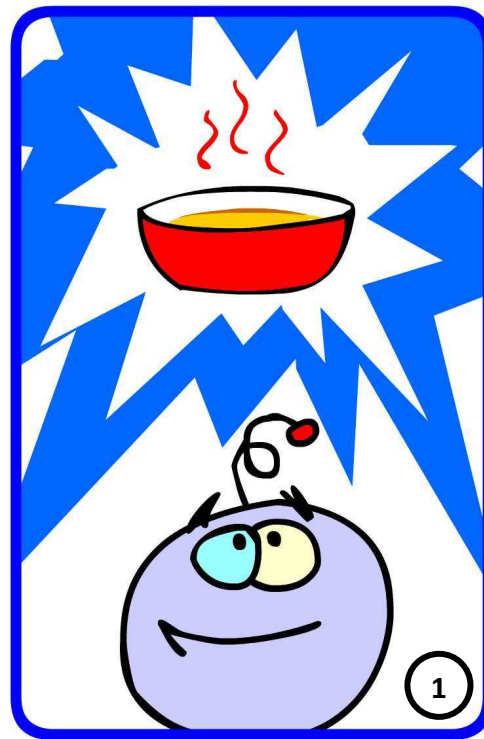
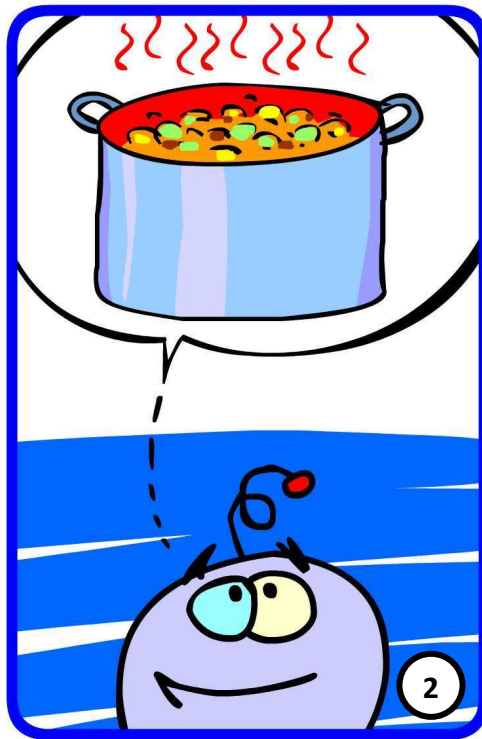
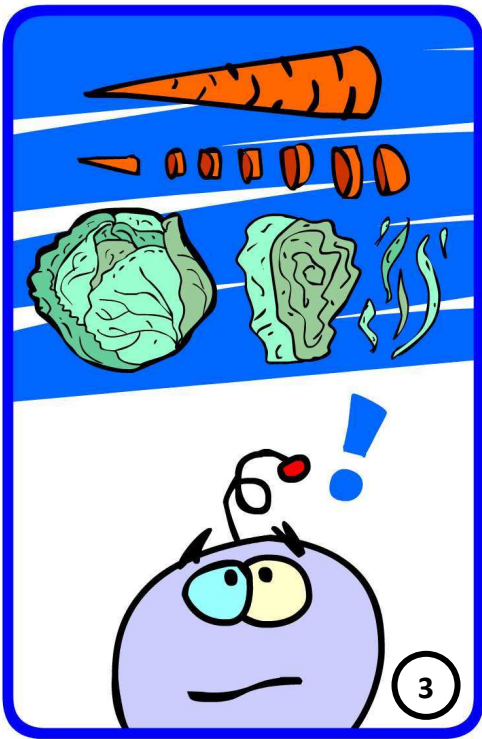
**6.1.2. 'Ingredients' questions**

→ Look at this milk shake. How do you think we could work out what it is made from?

→ Which of these ingredients (show several to the child) do you think is the most useful one for our family? Why? Which one would you call the least useful? Why?

→ Let's find the new flavour / taste for a dish you like. What do you think we could add / change to make it even better? How do you think it would change if we added...?

THINKING



## Technology 6: Family activities

### 6.1.3. Comparison questions

→ Look at these two cucumbers/ tomatoes/apples. Are they the same or not? How are they similar? How are they different?

→ Look, these pieces of meat don't look the same. The one on daddy's plate is smaller than the one on your plate. How could we make them seem similar? How about if we cut them into pieces? What else could we do?

## THINKING

## Technology 6: Family activities

### 6.1.3. Comparison questions

→ Can you compare what we usually have for lunch at home and what you have in school / at grandparents' / etc.? Are there more similarities or differences? If you had to explain to (PERSON 1) what they should change to make it as tasty as (PERSON2) does, what would you say?

→ Is our breakfast the same as our dinner? Is absolutely everything different? Are there things which are the same?

## THINKING

## Technology 6: Family activities

### 6.1.3. Comparison questions

→ Do you think there may be things you don't like now but you will like when you are 10? Which ones? Why do you think so? Do you think you will like (FOOD ITEM)? Why? (Why not?)

→ Would you say me and mummy/daddy like similar things or not? Can you think of 10 differences?

## THINKING

## Technology 6: Family activities

### 6.1.4. Other

→ Let's make a "zebra" cake! What is typical for a zebra? Right, stripes! What can we use to make black and white stripes? (Can be done with any animal or object: space ship salad, pirate cake, cloud cookies... depending on the child's current interests).

→ Imagine we could invite Winnie the Pooh (Cinderella / Mickey Mouse / Captain Jack Sparrow....) to dinner. What would we cook? What does he like? Sweet stuff? Okay, what kind of sweet stuff? Honey, for instance? Ok, and what could we cook with honey?

## THINKING

## Technology 6: Family activities

### 6.1.4. Other

→ Do you like this porridge? Now imagine we had to make porridge for (CHARACTER). What would we change about it? Would he/she/it like porridge?

→ Let's play a game. I'll name a feeling and then somebody should describe an event during their day using the feeling. For example, I was happy / angry / curious, etc.

→ Let's ask 7 questions and see who finds out most about each other's day. Who will start?

## THINKING

## Technology 6: Family activities

### 6.1.4. Other

→ Look, there are so many things we should put on the table for our party tonight. I am afraid there's not enough space. How do you think we could solve this problem?

*{The next set: 6.2 Being / going somewhere}*

## THINKING

